

<u>Citrus Ginger Foot Scrub</u> Recipe found on <u>AnnsEntitledLife.com</u>

Ingredients for Citrus Ginger Foot Scrub:

2 small Mandarin Oranges, the Juice

1 ½ cups White Sugar

2 TBSP Coconut Oil

1 tsp Fresh Ginger, peeled and grated

2 drops Lemongrass Essential Oil

Directions to make the Citrus Ginger Foot Scrub:

- Combine all ingredients in a bowl until smooth.
- Save the Citrus Ginger Foot Scrub in a container with a lid that tightly fits.

To Use the Citrus Ginger Foot Scrub:

- Rub approximately two tablespoons of the Citrus Ginger Foot Scrub onto your feet.
- Pay special attention to your heels.
- Rinse with warm water and pat dry.
- No need to moisturize because of the coconut oil!