



[Easy DIY Peppermint Bath Bombs](#)

Instructions found on AnnsEntitledLife.com

Prep Time: 20 minutes

Prep Time: 1 minute, plus 12 hours set up

Easy DIY Peppermint Bath Bombs Ingredients

- ½ cup Baking Soda
- ½ cup < [Ball Jar Citric Acid](#)
- ¼ cup Cornstarch
- ¼ cup [Coconut Oil](#)
- 4 drops Red food coloring
- 4 drops [Peppermint Essential Oil](#)

Easy DIY Peppermint Bath Bombs Utensils or Mise en Place (as Hubby calls it!)

- 1 medium Mixing Bowl
- 2 small Bowls
- [Silicone Cupcake Liners](#)
- Fork (for mixing)
- Measuring Cups
- Microwave

Easy DIY Peppermint Bath Bombs Recipe Directions

- In a medium sized mixing bowl combine all your dry ingredients (baking soda, citric acid, and cornstarch); mix well.
- Separate your mixture, placing half into two separate bowls
- Add about four drops of red food coloring in one bowl and mix with your hands and fingertips.
- Add 2 drops of your (therapeutic grade) peppermint essential oil to each bowl and mix with your hands.
- Heat ¼ cup coconut oil in the microwave for about 20 seconds (be careful as coconut oil heats very fast).

- Add 1/8 of a cup of your melted coconut oil a little at a time to each of your dry mix, mixing with your hands.
 - Once all of your coconut oil is added your mixtures should feel like damp sand.
 - Start filling your silicone cupcake molds with your shower bomb mixture, using a combination of red and white peppermint mixtures.
 - Press your mixture firmly into your molds.
 - Let dry for approximately 12 hours then turn your mold upside down and carefully pop out your peppermint bath bombs.
 - To use your peppermint bath bombs, place one in the bottom of your shower or in your warm bath tub to release your bath bomb.
 - Note: do not rub your eyes during or immediately after use.
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- Makes 6 Peppermint Bath Bombs