



## [Make Your Own Lavender Bath Bombs](#) Instructions on [AnnsEntitledLife.com](#)

Prep Time: 20 minutes

Prep Time: 1 minute, plus 12 hours set up

### Ingredients:

- ½ cup Baking Soda
- ½ cup [Ball Jar Citric Acid](#)
- ¼ cup Cornstarch
- ¼ cup [Coconut Oil](#)
- 4 drops [Purple Food Coloring](#)
- 4 drops [Lavender Essential Oil](#)

### Directions:

- In a medium sized mixing bowl combine all your dry ingredients (baking soda, citric acid, and cornstarch); mix well.
  - Add about four drops of purple food coloring to your bowl and mix with your hands and fingertips.
  - Add 4 drops of your (therapeutic grade) lavender essential oil to your bowl and mix with your hands.
  - Heat ¼ cup coconut oil in the microwave for about 20 seconds (be careful as coconut oil heats very fast).
  - Add your melted coconut oil a little at a time to your dry mix, mixing with your hands.
  - Once all of your coconut oil is added your mixtures should feel like damp sand.
  - Start filling your silicone flower mold with your shower bomb mixture.
  - Press your mixture firmly into your molds.
  - Let dry for approximately 12 hours then turn your mold upside down and carefully pop out your lavender bath bombs.
  - To use your lavender bath bombs, place one in the bottom of your shower or in your warm bath tub to release your bath bomb.
  - Note: do not rub your eyes during or immediately after use.
- Makes 6 Lavender Bath Bombs