



[DIY Peppermint Hand Cream](#)

Instructions (and tutorial photos) found on [AnnsEntitledLife.com](#)

DIY Peppermint Hand Cream Ingredients:

- 2 TBSP [Shea Butter](#)
- ¼ cup [Coconut Oil](#)
- ¼ cup [Beeswax Granules](#)
- ½ tsp [Vitamin E Oil](#)
- 10 drops [Peppermint Essential Oil](#)

DIY Peppermint Hand Cream Directions

- Place [Shea Butter](#), [Coconut Oil](#), and [Beeswax Granules](#) in a large saucepan over low heat.
- Stir frequently until completely melted.
- Allow to cool for 5 minutes.
- Stir in Essential Oil (of your choice) and [Vitamin E Oil](#) until well mixed.
- Beat smooth.
- Pour into small jar with a lid (a 4 ounce mason jar works well)
- Allow to cool completely.
- Cover tightly for storage.
- Scoop a generous amount with your finger, rub into fingers, palms, and back of hands right up to wrists.
- This cream is also great for elbows and feet as well.