

<u>Make Your Own Peppermint Soap</u> Instructions and Tutorial Photos found on <u>AnnsEntitledLife.com</u>

Peppermint Soap Ingredients:

- White Pour and Melt Soap Block
- Peppermint Essential Oil (or soap scent)
- Red Soap Coloring

Peppermint Soap Mise en Place:

- Rectangle Soap Molds
- Large Glass Measuring Cup
- Silicone or Wooden Spoon
- Rubbing Alcohol
- Scrapbook paper
- Red and white twine
- Scissors
- Hot Glue Gun
- Hot Glue

Peppermint Soap Directions:

• Cut 10 ice cube sized pieces off your soap block.

• Place cut soap base into a large measuring cup. Microwave for approximately 2 minutes or until melted.

- Add 8 drops of peppermint essential oil to the melted soap base; mix well.
- Carefully pour the liquid peppermint soap into a soap molds, filling about 7/8 way to the top.

• Add a two drops of red soap coloring (do NOT use food coloring) to the remaining liquid soap in the measuring cup; mix well.

• Pour the red soap base into the white soap already in the soap mold.

• Lightly spray the soap with rubbing alcohol to prevent bubbling.

• Carefully transfer filled soap molds onto a flat surface in the freezer.

• Freeze for 30 minutes.

• To remove the soaps: pull on the sides of the soap mold, and press on the bottom of the molds (each individual one) to remove your soaps.

• Cut a 3" x 8" piece of scrapbook paper, wrap it around the middle of your soap. Hot glue the bottom paper together to form a wrap.

• Cut a 12" piece of twine, wrap it around the paper, and tie into a bow.

• Perfect for display, gift giving, or to set in a linen closet to infuse with a peppermint scent!