

<u>How to Make Your Own Galaxy Bath Bombs</u> Instructions and Tutorial Photos found on AnnsEntitledLife.com

Galaxy Bath Bombs Materials:

- 1/2 cup Baking Soda
- ¹/₂ cup Citric Acid
- ¹/₄ cup Cornstarch
- ¹/₄ cup melted Coconut Oil
- Cosmetic Grade Mica Powder: blue, black, and purple
- 4 drops Lavender Essential Oil Try and use therapeutic grade essential oils as non-therapeutic grade essential oils may cause skin irritation.
- 1 medium Mixing Bowl
- 3 Small Bowls
- Bath Bomb Mold
- Craft Sticks (for mixing)
- Measuring Cup
- Microwave
- .15 cc Scoop
- Disposable Face Mask mixing the dry ingredients may irritate your eyes/nose

Galaxy Bath Bombs Directions:

- In a medium sized mixing bowl combine baking soda, citric acid, and cornstarch; mix well.
- Separate the mixed dry ingredients evenly into 3 separate, small bowls.
- Using the .15 cc scoop, a scoop one scoop of blue color mica powder into a small; mix well.
- Using the .15 cc scoop, a scoop one scoop of black color mica powder into a small; mix well.

• Using the .15 cc scoop, a scoop one scoop of purple color mica powder into a small; mix well.

• At this point, you have three separate small bowls of color: blue, black and purple.

• Heat ¹/₄ cup coconut oil in the microwave for about 30-40 seconds or until melted (be careful as this gets very hot quickly)

• Add the Lavender Essential Oil (feel free to use a different scent if you prefer it) to your melted coconut oil and stir.

• Slowly add a teaspoon at a time of melted coconut oil to each colored bowl and mix, repeat – distributing evenly (each bowl gets the same amount) until you have used all the coconut oil.

- Once all of the coconut oil is added, your mixtures should feel like damp sand.
- Start filling each side of the molds with your bath bomb mixture and press each mold together.
- Let dry for about 12 hours then carefully remove from your molds.

• Store in a dry place or in an airtight container (I honestly set mine out at the tub for decor – just do not let the bath bombs get damp or wet).

To Use the Galaxy Bath Bombs:

• Place one Galaxy Bath Bomb in the bottom of your shower or in your warm bath tub to release your bath bomb. Do not rub your eyes during/after use.