

## Homemade Orange Lavender Lotion Recipe Recipe found on <u>AnnsEntitledLife.com</u>

What You'll Need to make this Homemade Orange Lavender Lotion Recipe:

3 Tbsp Shea Butter

1 cup Grapeseed Oil

1/4 cup GratedBeeswax

2 cups of Water same temperature as Oil mix after cooling (heat this water during the cooling process)

25 drops Orange Essential Oil

15 drops Lavender Essential Oil

\*\*OPTIONAL\*\* 1 tsp Vitamin E Oil (used as a preservative also great for your skin)

2 Large Mason Jars

1 Pot

Immersion Blender

Wooden Skewer

Directions for making Homemade Orange Lavender Lotion Recipe:

- Add the Shea Butter, Grapeseed Oil, and Beeswax to a large wide-mouthed mason jar.
- Place the mason jar in pot of water, the mason jar will act as a double boiler. This is especially convenient because you can store the lotion in the jar when it is done.
- Stir the oil mixture with a wooden skewer, it is done when it is completely melted.
- Remove from heat and let cool in the fridge for 10-15 minutes just until it starts to haze over slightly on the glass.
- During the oil cooling process you should microwave or boil the water to a little warmer than room temperature. You should be able to hold the glass with both hands without burning them at this point.
- Then place the immersion blender into the mason jar with the oils turn on low and slowly add the water, it helps to bring the blender up and down in the jar. Continue blending until the mixture looks thick and white like lotion. Now is when add the <u>Orange Essential Oil</u> and <u>Lavender Essential Oil</u> (add optional <u>Vitamin E Oil</u> here) and blend for another minute.
- This is slightly greasy as it has oil in it. If you don't like the feeling you can do a quick rinse under the water without soap and the greasy feeling goes away and your hands are left feeling soft and smooth. This is great for the whole body.
- This lotion will keep for a month in the fridge without vitamin e oil, 6 months or longer with vitamin e oil.