

Fabulous Chicken Salad Recipe



[Chicken Salad Recipe](#)

Recipe found on AnnsEntitledLife.com

Dressing Ingredients:

1 cup (6oz by scale weight) Mayonnaise
1/2 cup (4oz by scale weight) Sour Cream
2 TBSP (1oz by scale weight) Dijon Mustard
1 TBSP Dill Weed
2 tsp Sugar
1/2 tsp White Pepper
5 tsp Lemon Juice

Salad Ingredients:

3 cups chopped [Poached Chicken](#)
1 cup finely chopped Celery
4 TBSP finely chopped Green Onions
1/2 cup shelled Sunflower Seeds

- Mix all dressing ingredients together in a large bowl; set aside.
- Cut your cool, [poached chicken](#) into bite size pieces.
- Add all salad ingredients to the mixed dressing.
- Mix well.
- Chill for at least two hours before serving.