



[Spearmint Lip Scrub](#)

Instructions (and tutorial photos) found on AnnsEntitledLife.com

Spearmint Lip Scrub Ingredients:

- 3 TBSP White Sugar
- 3 TBSP [Coconut Oil](#)
- [Lorann Spearmint Flavoring](#)
- [Green Food Gel](#)

Spearmint Lip Scrub Utensils: or Mise en Place

- [Clear Makeup Containers](#)
- Mixing Stick
- Small Bowl
- Microwave

Spearmint Lip Scrub Directions:

- In a small bowl, melt 3 tablespoons of [Coconut Oil](#) in your microwave for 10-20 seconds (be careful, coconut oil heats very fast)
- Add the sugar to the melted coconut oil; and mix well.
- Add 2-3 drops of [spearmint flavoring](#) and 1 drop of [green food gel](#); mix well
- Spoon lip scrub into small make up containers that have a lid.

To Use Spearmint Lip Scrub:

- To use your lip scrub, place a small amount on the tip of your finger tip and rub gently into your lips.
- Rinse spearmint scrub off with warm water.
- Towel your lips.