



[DIY After Sun Lotion](#)

Instructions and Tutorial Photos found on AnnsEntitledLife.com

DIY After Sun Lotion Ingredients:

- 1 TBSP [Cocoa Butter](#)
- 1 TBSP [Coconut Oil](#)
- 1 TBSP [Aloe Vera Gel](#)
- ½ tsp [Vitamin E Oil](#)
- 5 drops [Lavender Essential Oil](#)

DIY After Sun Lotion Utensils or Mise en Place

- [Measuring Spoons](#)
- Small Pan
- Spoon or [Whisk](#)
- [4 oz Pump Bottle](#)
- Funnel or [Measuring Cup](#)

DIY After Sun Lotion Directions:

- Place [Cocoa Butter](#) and [Coconut Oil](#) in a small pan over medium heat, stirring until completely melted.
- Remove pan from heat and allow mixture to cool.
- **Note:** You can also melt in the microwave by heating in 20 second increments; stirring each 20 second melt time.
- Once cool stir in [Aloe Vera Gel](#), [Vitamin E Oil](#) and [Lavender Essential Oil](#); mix well.
- Using a funnel, pour your after sun lotion into a [4 oz Pump Bottle](#). Or, alternatively, you can move your lotion from the pan to a [measuring cup](#) (or other container) that has a spout, and pour.
- Replace the cap on your pump bottle and your after sun lotion is ready to go!

To Use Your DIY After Sun Lotion:

- Store in [your beach bag](#) or in the refrigerator for the maximum cooling and refreshing feeling! Slather a generous amount over shoulders, chest, face (avoiding eye area) or anywhere else you need healing from sun exposure

Note: None of this is meant as medical advice. I am not a doctor, and do not play one on the internet. Please consult a physician if you have any questions about after sun lotion so your doctor can better explain to you the benefits, possible side effects, and any warnings about after sun lotion.