



## [How to Make Your Own Shave Cream](#)

Instructions and tutorial photos found on [AnnsEntitledLife.com](#)

### **Make Your Own Shave Cream Utensils:**

- [Measuring Cup](#)
- [Double Boiler](#)
- Spoon
- [Spatula](#)
- [Hand Mixer](#)
- Air Tight Container (approximately 12oz)

### **Make Your Own Shave Cream Ingredients:**

- ¼ cup [Shea Butter](#)
- 1 cup [Coconut Oil](#)
- ¼ cup [Olive Oil](#)
- 8 drops [Eucalyptus Essential Oil](#)

### **Make Your Own Shave Cream Directions:**

- Fill a [double boiler](#) base with a few inches of water, and turn on medium heat; bring to a boil. If you do not have a double boiler, simply use two pots of the same size. Fill the bottom pot with a few inches of water (I usually use about a third of the pot myself) and bring to a boil over medium heat. The second pot will go on top of that first pot, (but not touch the water!) and where you will mix together your products to liquefy. A double boil allows for a slow melt, and makes sure nothing burns.
- Add [Shea Butter](#), [Coconut Oil](#) and [Olive Oil](#) to the top of your double boiler.
- Melt ingredients over medium-low heat, stirring constantly.
- Remove from heat; allow to cool 5 minutes.
- Set in the fridge until mixture hardens; approximately 1 hour.
- Once cooled, add in 8 drops [Eucalyptus Essential Oil](#) (you can substitute a different essential oil if you like) and whip together with a hand mixer 2-3 minutes, until stiff peaks form.

- Store in an airtight container.

*Note: None of this is meant as medical advice. I am not a doctor, and do not play one on the internet. Please consult a physician if you have any questions about using shave cream so your doctor can better explain to you the benefits, possible side effects, and any warnings about shave cream.*