



[DIY Nourishing Brown Sugar and Honey Facial Mask](#)  
instructions and Tutorial Photos found on [AnnsEntitledLife.com](#)

**DIY Nourishing Brown Sugar and Honey Facial Mask Utensils:**

- [Measuring Spoons](#)
- [Measuring Cup](#)
- Mixing Bowl
- [Whisk](#)
- Spoon
- Small Glass Jar
- Ribbon and Label if desired

**One-Time Use DIY Nourishing Brown Sugar and Honey Facial Mask Ingredients and Quantities:**

*Note: the photos in this tutorial are shown for a jar of DIY Nourishing Brown Sugar & Honey Facial Mask*

- 2 TBSP [Organic Coconut Oil](#)
- 1 TBSP Honey
- 2 TBSP Brown Sugar
- 3 drops [Frankincense Essential Oil](#)
- 3 drops [Ylang Ylang Essential Oil](#)
- 3 drops [Geranium Essential Oil](#)
- 3 drops [Vitamin C Serum](#)

**Jar DIY Nourishing Brown Sugar and Honey Facial Mask Ingredients and Quantities:**

*Note: the photos in this tutorial are shown for a jar of DIY Nourishing Brown Sugar & Honey Facial Mask*

- ½ cup [Organic Coconut Oil](#)
- ¼ cup Honey

- ½ cup Brown Sugar
- 12 drops [Frankincense Essential Oil](#)
- 12 drops [Ylang Ylang Essential Oil](#)
- 12 drops [Geranium Essential Oil](#)
- 12 drops [Vitamin C Serum](#)

### **DIY Nourishing Brown Sugar and Honey Facial Mask Directions:**

- Before you begin make certain to loosen up your [coconut oil](#) if it needs it, as [coconut oil](#) can become really thick in between uses and will not blend well with the other ingredients if not not loose.
  - All you need to do is just pop the [coconut oil](#) in the microwave for about 10-12 seconds and stir. (This is why most tutorials you see will tell you to begin by microwaving your [coconut oil](#) or other base for 10-20 seconds.)
  - Place your [coconut oil](#) in a mixing bowl.
  - Add honey; whisk together.
  - Add brown sugar. Make certain to get all the lumps out and whisk all 3 ingredients well.
  - At this point your facial mask may start to get a little sticky, as the honey and brown sugar tend to want to combine.
  - Just keep mixing it well and once you feel like you've gotten all the lumps out of your facial, add your [Frankincense Essential Oil](#), [Ylang Ylang Essential Oil](#), [Geranium Essential Oil](#) and [Vitamin C Serum](#). Whisk well.
  - If you think your facial mask is too clumped up, just microwave it for 10 seconds and mix again before you pour your facial mask into your jar.
  - The mask will thicken and set up nicely once it sits in the jar, so be concerned if your facial mask initially seems too runny. It won't stay that way.
- When you add the Nourishing Brown Sugar and Honey Facial Mask to the jar you will notice the layers tend to be a little separated, but in time, as it sets up, the layers will dissipate.
- Allow your Nourishing Brown Sugar and Honey Facial Mask to set up for a few hours before using.
  - Now just add a cute label and ribbon and you're all set!

### **To Use Your Nourishing Brown Sugar and Honey Facial Mask:**

- Take off the lid and if your Nourishing Brown Sugar and Honey Facial Mask seems too thick to just dip your fingers into and put on your face, microwave for 5-6 seconds and stir well to loosen your facial mask up a bit before using.
- Moisten face and blot with cloth, then apply mask to face and neck.
- Keep your facial mask on for 15- 20 minutes before rinsing.
- Your face should feel very soft from the sugar and well-nourished from the oils and Vitamin C.

*Note: None of this is meant as medical advice. I am not a doctor, and do not play one on the internet. Please consult a physician if you have any questions about using essential oils so your doctor can better explain to you the benefits, possible side effects, and any warnings about essential oils.*

