



## [Apple Pie Scrub](#)

Recipe and Tutorial Photos found on [AnnsEntitledLife.com](http://AnnsEntitledLife.com)

Total Time To Make: 10 Minutes

### **Apple Pie Scrub Ingredients:**

½ cup Granulated White Sugar  
1/3 cup Brown Sugar  
½ TBSP Ground Cinnamon  
½ TBSP Apple Pie Spice  
1/3 cup Olive Oil

### **Apple Pie Scrub Directions:**

- In a small bowl or large measuring cup combine white sugar, brown sugar. Mix well.
  - Add ground cinnamon and apple pie spice. Mix well.
  - Add olive oil. Mix until well combined and all of the dry ingredients are moist.
  - Place mixture in an 8 ounce Mason jar.
  - Screw the lid on tightly.
  - Store in a cool, dry place.
- You want to avoid getting moisture in your sugar scrub jar. This sugar scrub will last several weeks if you keep it cool and dry.**

### **How to Use the Apple Pie Scrub:**

- Place a small amount of the apple pie scrub in your hand.
- In a circular motion, rub on your legs, hands, feet, etc to remove dead skin cells.
- Rinse thoroughly.
- Moisturize afterward if you wish.