



[How to Make a Knot Pillow DIY Tutorial](#)

Instructions and Tutorial Photos found on [AnnsEntitledLife.com](#)

How to Make a Knot Pillow DIY Supplies:

- 2 pair **Sweater Tights** (kids size 12-14)
- **Polyester Stuffing**
- **Needle**
- **Thread**

How to Make a Knot Pillow DIY Instructions:

Note: this is one where [the photos](#) go a long way. Stop over to the blog to [look at the tutorial photos](#) if you get stuck.

- Bunch your tights up so you can reach the toe easily.
- Fill your tights with stuffing one leg at a time, from toe to top of the leg. Do not pack the tight leg with polyester stuffing so tightly that you cannot shift it around a bit, because you will need to manipulate it later when folding the knot. Do not stuff the waistband.
- Tie the two pairs of tights together with a basic square knot. (Left over right and under, right over left and under.)
- Lay your stuffed tights out on a large table or the floor in a “t” shape.

- Fold the top piece down over the left piece.
- Fold the left piece over the bottom piece.
- Fold the top piece over the right piece.
- Fold the right piece inside the loop made by the top piece.
- Gently tighten your knot.
- Repeat from the top, but this time, go clockwise rather than counter-clockwise:
- Fold the top piece down over the right piece.

- Fold the right piece over the bottom piece.
 - Fold the top piece over the left piece.
 - Fold the left piece inside the loop made by the top piece.
 - Gently tighten your knot.
 - Spend some time adjusting your knot at this stage. More time was spent on this step than the all the rest of the steps because the positioning needed to be “just so”.
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- If you have enough material left, you can go around a third time counterclockwise (optional, this tutorial only goes twice).
 - Tuck the leftover ends where they fit naturally in the knot. The knot will hold together on its own but you will want to sew the legs in place to prevent the knot from coming undone.
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- Once the pillow is sewed together, you are finished! Give the pillow knot one final fluff and place it wherever you would like.