

Slow Cooker Apple Cinnamon Oats Recipe Recipe found on <u>AnnsEntitledLife.com</u>

Prep Time: 10 Minutes Cook Time: 6Hours Total Time: 6 Hours 10 Minutes Serves: 4

## Slow Cooker Apple Cinnamon Oats Ingredients:

- 1 cup Apple, peeled, cut, cored, shredded
- 1 cup Steel Cut Oats
- 2 cups Milk
- 1<sup>1</sup>/<sub>2</sub> cups Water
- <sup>1</sup>/<sub>2</sub> cup Raisins
- 1 TBSP Brown Sugar
- 1 tsp Cinnamon
- 1 tsp Vanilla

## Slow Cooker Apple Cinnamon Oats Directions:

• Line your slow cooker pot with parchment paper or spray with a non-stick spray.

• Peel your apple(s). Core, cut, and then shred.

• Add shredded apple, steel cut oats, milk, water, raisins, brown sugar, cinnamon, and vanilla to your prepared slow cooker pot. Combine well.

• Cook on low setting for 6 - 7 hours depending on the consistency you prefer of the oats; the chewier the oat, the shorter the cooking time.

• On serving, garnish with more brown sugar, a drizzle of cream, extra raisin, some walnuts, a bit of fresh apple, or some maple syrup.